DAP note template

Free template from soapnotes.xyz. Fill it in by hand or type over it.

DAP NOTE

Client

Date and time

Session type and length

Clinician

D: DATA

What the client reported, in their words:

What you observed (presentation, affect, behaviour):

What happened in the session (topics, interventions used):

Scores or measures:

A: ASSESSMENT

Your clinical impression:

Progress toward treatment goals:

Any change in risk:

P: PLAN

Next session:

Work between sessions:

Changes to the treatment plan:

Signature and credentials:

Educational template, not medical or legal advice. Follow your employer and regulator rules.