GIRP note template

Free template from soapnotes.xyz. Fill it in by hand or type over it.

GIRP NOTE

Client

Date and time

Session type and length

Clinician

G: GOAL

Treatment plan goal this session worked on:

What the client wanted from today, in their words:

I: INTERVENTION

What you did (skills taught, methods used, topics covered):

How it ties to the goal:

R: RESPONSE

How the client responded:

What you observed (engagement, affect, understanding):

Thoughts of harming self or others (asked, and the answer):

P: PLAN

Next session:

Work between sessions:

Changes to the treatment plan or referrals:

Signature and credentials:

Educational template, not medical or legal advice. Follow your employer and regulator rules.