Group therapy progress note template

Free template from soapnotes.xyz. Fill it in by hand or type over it.

GROUP THERAPY PROGRESS NOTE

Member

Date and time

Facilitator(s)

GROUP DETAILS

Group name and type

Number of members present

Session topic or theme:

Interventions used with the group:

MEMBER PARTICIPATION

Attendance (on time, late, left early):

How the member took part (shared, listened, gave feedback, quiet):

Presentation (mood, affect, behavior in group):

RESPONSE

How the member responded to the interventions:

What the member said, in their own words:

PROGRESS

Progress toward this member's treatment plan goals:

RISK

Thoughts of self-harm or harming others (asked, and the answer):

PLAN

Next group, between-session practice, any individual follow-up:

Signature and credentials:

Educational template, not medical or legal advice. Follow your employer and regulator rules.