Mental status exam template

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MENTAL STATUS EXAM

Client _____

Date and time _____

Clinician _____

APPEARANCE AND BEHAVIOR

Appearance (dress, grooming, apparent age):

Behavior (eye contact, movement, attitude toward the interviewer):

SPEECH

Rate, volume, tone and amount:

MOOD AND AFFECT

Mood, in the client's words:

Affect (range, intensity, fit with mood and topic):

THOUGHT PROCESS

How thoughts are organised (for example linear, circumstantial, tangential):

THOUGHT CONTENT

Main themes and worries:

Delusions or obsessions:

Thoughts of harming self or others (asked, and the answer):

PERCEPTION

Hallucinations or other unusual experiences:

COGNITION

Alertness and orientation (person, place, time, situation):

Attention and memory:

INSIGHT AND JUDGMENT

Insight into the problem:

Judgment in everyday decisions:

Signature and credentials:

Educational template, not medical or legal advice. Follow your employer and regulator rules.