# Subjective section prompt sheet

Free template from soapnotes.xyz. Fill it in by hand or type over it.

## SUBJECTIVE: PROMPT SHEET

Source of information

Reason for the visit, in the patient's words:

## THE MAIN CONCERN

Onset (when it started, sudden or gradual):

Location:

Duration and pattern (constant, comes and goes, time of day):

What it feels like:

Severity (for example 0 to 10, or what it stops them doing):

What makes it better or worse:

What they have tried and what happened:

## SINCE THE LAST VISIT (follow-ups)

Better, the same or worse, in their words:

Skills or exercises practised, and how it went:

New symptoms or events:

## RELEVANT HISTORY

Past problems that bear on today:

Medicines and allergies, as reported:

Family or social points that matter for this visit:

## FUNCTION AND GOALS

What the problem stops them doing:

What they want from the visit:

## SAFETY QUESTIONS (where they apply)

Asked about thoughts of self-harm, and the answer:

Other warning signs asked about, and the answer:

## BEFORE YOU MOVE TO OBJECTIVE

Is every line something the patient told you?

Is anything you measured or saw hiding in here? Move it to Objective.

Is your own conclusion hiding in here? Move it to Assessment.

Signature and credentials:


Educational template, not medical or legal advice. Follow your employer and regulator rules.